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## MINI MINDS BLOG

## Mini Minds Matter partner up with Dino Falls Adventure Golf

In line with Children's Mental Health Week, we're proud to announce our latest collaboration with Dino Falls Adventure Golf! Our exciting partnership means that whilst enjoying a fun game of golf at Dino Falls, families and children will be able to engage with our newly implemented Mini Mindful Moment posters, which are now scattered around the course!

The aim of our Mini Mindful Moment posters is to encourage young adventurers to take a moment to 'just be', incorporating mindfulness and affirmations, whilst providing top tips for parents and carers to read. The visually pleasing posters are eye catching and also have a visible QR code for readers to scan and find out more information on they can help support young minds.





Alongside the posters, Mini Minds Matter and Dino Falls Adventure Golf have also partnered up to create a new book including our very own mascot – Wellasaurus! The book will feature Wellasaurus's journey throughout Dino Falls, as he navigates the prehistoric landscape, playing golf and embarking on mindfulness-filled journey. The book will be sold alongside our others on Amazon and will also be available for purchase in Trafford Golf Centre.

Finally, to tie this amazing collaboration together (hopefully with more to come!), Mini Minds Matter will be hosting their very own Mindfulness Event at Trafford Golf Centre, inviting children and families to come and join in, to celebrate a full day of dino themed mindfulness activities. There will be a live story telling session from our co-founders and plenty of fun filled activities to engage in! This event will take place at the end of March and will link with the celebration of Easter.